



BETTER TOGETHER

SENIORS CELEBRATION DAY

GET INVOLVED WITH:

- SENIOR FRIENDLY CLUBS AND ACTIVITY DEMONSTRATIONS
- ART DISPLAYS • SENIORS YOGA AND MOVEMENT CLASS • CHESS
- GAMES • LIVE MUSIC WITH JACARANDA JAM UKULELE GROUP

FREE REFRESHMENTS PROVIDED

FRIDAY 8 MAY

**ABLE AUSTRALIA LOWOOD OFFICE
43 PARK ST LOWOOD, QUEENSLAND
9:00AM - 1:00PM**

For event info, call Jessy on **07 3812 3437** or visit ableaustralia.org.au