

ONLY
AVAILABLE
IN
VICTORIA



For more than 50 years, Able Australia has supported individuals with dual sensory loss. We understand that the needs of every individual are unique, that's why we allow participants to drive and assist in the design of the services they receive and encourage peer-to-peer support so they can benefit from the experiences of others.

WHAT WE DO

We work with every individual to identify and direct their support requirements and encourage them to exercise choice and control over the things they need to pursue their life goals.

Our self-driven, flexible support services are customised to meet individual needs such as:

- Assisting individuals and their families to make informed choices through advice, information, resources, advocacy and referrals
- Support to help improve relationships with family, carers, support staff and other important people in an individual's life
- Increased social and community participation
- Engagement programs to help overcome social isolation
- Community support - assistance with day-to-day needs such as shopping, banking and attending appointments
- Life transition planning, including mentoring and peer support
- Digital literacy and assistive technology training and support (ablelink)
- Interpreting and translating support.

SUPPORT COORDINATION

Able Australia provides Support Coordination services that assist you to find the right service providers to help you with your individual needs.

Our experienced staff will coordinate a range of supports (both funded and mainstream) and work with you and your support network to find an arrangement that works for you. We can assist you to:

- Explore your options
- Develop resilience in your own network and community
- Resolve points of crisis
- Build on informal supports.

To find out more, please refer to our Support Coordination fact sheet or call one of our friendly team for a chat.



TESTIMONIAL

“My brother, Michael, is assisted by Support Coordination at Able Australia, without this support in my life I know that I wouldn’t be able to cope with my life as a carer. Michael isn’t ‘up to’ organising his own support so I rely on his Support Coordinator to do this for me.

I couldn’t do this by myself as my life is so consumed by the ‘mental and physical’ caring for Michael. This is a huge part of Michael’s life that Able Australia Support Coordination takes off my hands”.

Susan (sister to participant Michael)

We’d love to chat to you about how we can work with you to achieve your goals.

For further information and/or arrange a consultation, call us on 1300 225 369 or email us at info@ableaustralia.org.au.

 **Able**
AUSTRALIA
Together we are able



1300 225 369
www.ableaustralia.org.au