



With so many options to choose from, coordinating the best support (funded and mainstream) services for you can be overwhelming. At Able Australia, we know how to navigate the system to ensure you have every opportunity to live your life the way you choose.

Working with you and your support network, our support coordination experts will help you explore your options, develop resilience in your own network and community, resolve points of crisis and support you to ultimately independently coordinate your services.

Our qualified staff pride themselves on their innovative and individualised approach to supporting our participants.

Our goal is to strengthen your ability to undertake tasks associated with the management of your own supports through Support Coordination.

Support Coordination is long term capacity building support to navigate the complexity of services and supports you need from a range of providers.

WHAT WE DO

For more than 50 years, Able Australia has delivered high quality, person-centred services to people living with multiple disabilities and those in need of community support in Victoria, Tasmania, South Australia, ACT, New South Wales, Queensland.

HOW WE CAN HELP

Great service is built on listening and learning, which is why Able Australia's team of experienced disability service professionals take the time to sit with every client and their support network to identify an achievable pathway towards independence.

Together, we can support you to:

- Identify the services that meet your individual needs
- Coordinate service providers and support
- Liaise with government agencies
- Organise the manner and timing of supports, including service agreements and obtain quotes for services
- Source suitable accommodation and respite options
- Link you into work or other community activities
- Coordinate health and medical specialists
- Respond to a crisis
- Implement and monitor your NDIS plan or re-develop your goals prior to a plan review.

TESTIMONIAL

"My brother, Michael, is assisted by Support Coordination at Able Australia, without this support in my life I know that I wouldn't be able to cope with my life as a carer. Michael isn't 'up to' organising his own support so I rely on his Support Coordinator to do this for me.

I couldn't do this by myself as my life is so consumed by the 'mental and physical' caring for Michael. This is a huge part of Michael's life that Able Australia Support Coordination takes off my hands".
Susan (sister to participant Michael)



IT'S ALL ABOUT YOU & YOUR NEEDS

Our team of support coordination experts work with you to develop a detailed program that outlines how the goals in your NDIS plan will be achieved.

Initially we will meet with you more regularly while we identify your needs, personalise your supports and match you with the right services. Along the way, we'll help you to develop the skills and confidence you will need to independently manage your NDIS plan and encourage you to ask for things you really need.

Once you are comfortable with the way your plan is looking, we'll gradually step back so you can exert genuine choice and control over your supports.

However we will check in with from time to time to assess how your goals are being achieved and whether you need to make any changes or adjustments. As part of this process, we will keep records about your progress so you have plenty of information to draw on when you review your plan with the NDIA each year.

We'd love to chat to you about how we can work with you to achieve your goals.

For further information and/or arrange a consultation, call us on 1300 225 369 or email us at info@ableaustralia.org.au.

 **Able**
AUSTRALIA
Together we are able



1300 225 369
www.ableaustralia.org.au